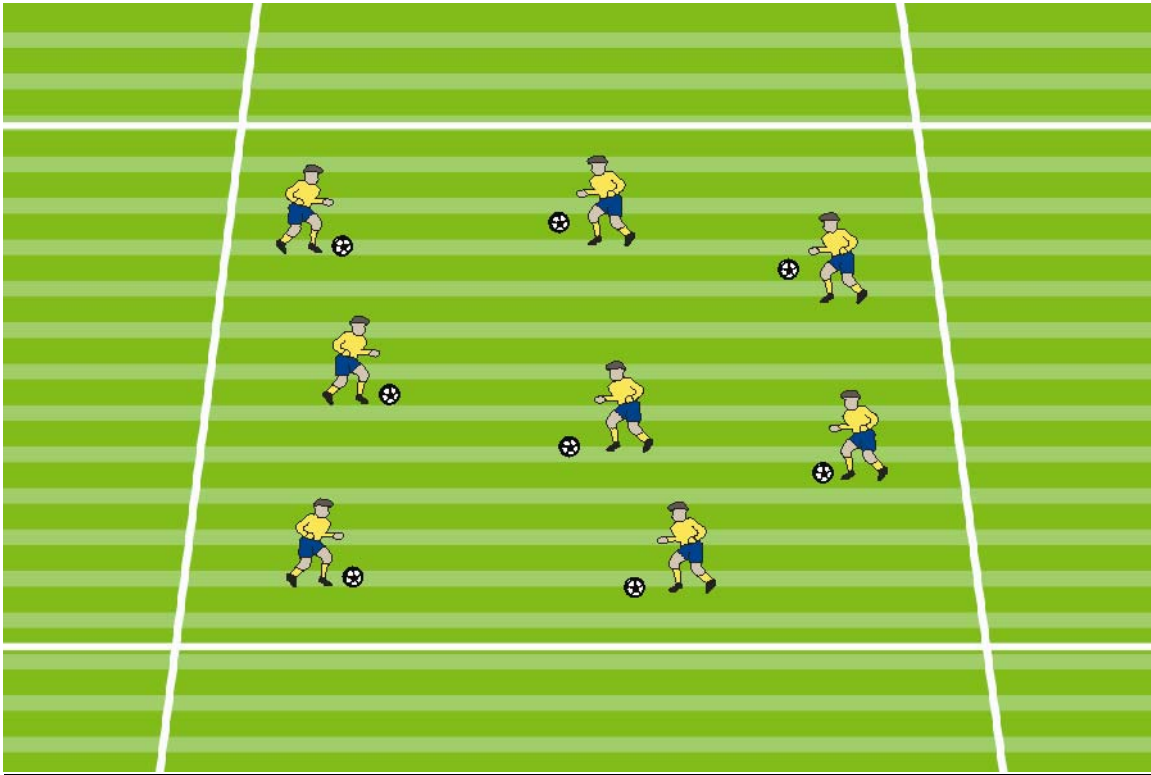


Funny Bones



Organization:

Each player moves around the grid with a ball at their feet.

The coach gives instructions regarding how he wants the players to dribble, "slow", "fast", "twisty", "straight" etc.

The coach then calls out a specific part of the body such as "Elbow" or "Knee" and the players must come to a complete stop and put that part of their body on the ball.

Young players can be encouraged to dribble like certain animals and can make the relevant noises as they move around the grid.

Coach Notes:

These types of games are a great help in developing balance and coordination in addition to dribbling skills.